Claims:

1. A method for operating a warm or hot air booth by using a cold medium, characterized in that the cold medium is introduced into a flowing warm or hot air at time intervals so as to provide stimuli in the human body.

2. A method according to claim 1, characterized in that the warm or hot air is circulated in a booth on the ceiling side thereof and is calmed at time intervals and supplied with the cold medium.

3. A method according to claim 2, characterized in that the calming of the air is achieved by periodically switching off a fan, and in that a temperature drop caused thereby generates a dry stimulus in the person to be treated, and in that a cold stimulus is generated by the rotor being switched off in between and by a cold medium being introduced.

4. A warm air booth for carrying out the method according to claim 1, characterized in that in addition

to the usual heating and air circulating means, a device for supplying cold media is provided which is arranged in the region of the air circulating means.

5. A warm air booth according to claim 4, characterized in that the device for supplying cold media is arranged on the ceiling side, above the air circulating device, e.g. a rotor.

6. A warm air booth according to claim 5, characterized in that the rotor (R) is covered by an ejection disk (5) with outwardly directed, preferably radially and/or slantedly thereto extending ejecting fingers (5).

7. A warm air booth according to claim 6, characterized in that at a location, where no guests are seated, the ejector disk (5) with the ejecting fingers (5') is shielded off by a segment ring (9).

8. A warm air booth according to at least one of claims 4 to 7, embodied as a stone bath with a heating device preferably designed as an electric furnace which

has a fresh air inlet on its bottom side, characterized in that laterally of the furnace wall, at least one pipe 26, channel duct or the like is provided which, preferably, is lined with fire-clay and ends in the booth space at a closing wall (19) of the furnace (23).

9. A warm air booth according to claim 8, characterized in that the pipe (26) projects from the furnace (23) into the booth space and forms a safety means against unauthorized manipulations in the furnace interior.

10. A warm air booth according to any one of claims 8 and 9, characterized in that the fresh air is guided through at least one second pipe (27), duct or the like, which ends e.g. through an opening (27') or the like.